

# Prehnite

Prehnite is a beautiful gemstone known for its translucent green hue and unique healing properties. It is a stone of unconditional love and is believed to enhance precognition and inner knowing.



## Fun Facts:

**Color:** Prehnite is typically found in shades of green, ranging from pale green to a deep, rich apple green. It can also occasionally be found in yellow, white, or colorless varieties.

**Origin:** This gemstone was first discovered in 1788 in the Karoo Dolerites of South Africa and is named after its discoverer, Colonel Hendrik von Prehn.

**Chemical Composition:** Prehnite is a mineral composed of calcium aluminum silicate hydroxide, with the chemical formula  $\text{Ca}_2\text{Al}(\text{AlSi}_3\text{O}_{10})(\text{OH})_2$ .

**Hardness:** On the Mohs scale of mineral hardness, Prehnite ranks at a 6 to 6.5, making it relatively durable for jewelry.

**Healing Properties:** Prehnite is said to be a stone of unconditional love, enhancing precognition and inner knowing. It's believed to calm the environment and bring peace and protection.

**Chakra Association:** This gemstone is associated with the heart chakra, promoting healing and balance within the emotional body.

**Metaphysical Uses:** Prehnite is often used in meditation and spiritual practices to deepen one's connection with higher realms and to facilitate communication with spirit guides and angels.

**Appearance:** Prehnite often forms in botryoidal, or grape-like, clusters and can exhibit a vitreous to pearly luster. Its translucent quality gives it a soft, glowing appearance.

**Locations:** Besides South Africa, Prehnite can also be found in Australia, China, Scotland, and the United States, among other locations.

**Did You Know?:** Prehnite is sometimes referred to as the "Healer's Healing Stone" because it is believed to be particularly beneficial for those who work in healing professions, helping them to strengthen their own emotional resilience.